

# LESSON 19

## HOLINESS

Memorize:

*"...Be ye holy; for I am holy."*  
(1 Peter 1:16)

### INTRODUCTION

Holiness is the very nature of God. Webster's Dictionary defines "**holy**" as "*dedicated or set apart for the service of God; living a life of spiritual purity.*" Holiness in our lives is conforming to the character of God and living the way that will please Him. Holiness is not to be considered an option just for those who desire to walk a little closer with God. Rather, the Lord sees it as a requirement for every child of God. "*Follow peace with all men and HOLINESS, without which no man shall see the Lord.*" (**Hebrews 12:14**) Because of our love for Him, we desire to be like Him in our affections, attitudes, thoughts and actions.

### A CHANGE IN OUR AFFECTIONS

1. Before we came to Christ, we set our affections on things which were gratifying to our natural desires. **Colossians 3:1** gives us a new objective for our affections. What is it? \_\_\_\_\_
2. Read **1 John 2:15-17**, and answer the next four questions.
  - a. What two things are we told not to love?  
\_\_\_\_\_ and neither \_\_\_\_\_
  - b. What three lusts belong to the world?  
(1) \_\_\_\_\_ (2) \_\_\_\_\_  
and (3) \_\_\_\_\_
  - c. What is going to happen to the world and its lusts?  
\_\_\_\_\_

d. What will happen to those who do the will of God?

\_\_\_\_\_

## A CHANGE IN OUR ATTITUDES

1. In **Colossians 3:8-10**, Paul lists six things that we should put off. What are they? \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.
2. **Romans 13:14** tells us that we must put on the Lord Jesus Christ and make no provision for the \_\_\_\_\_.
3. In **Colossians 3:12-13** he lists seven things that we should put on. What are they? \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_; \_\_\_\_\_, \_\_\_\_\_.

In **verse 14**, we are told to put on the bond of perfectness. What is that?

\_\_\_\_\_

4. In **1 Peter 2:1** we are told to lay aside or rid ourselves of five things. What are they? \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and all \_\_\_\_\_.
5. Who are the unrighteous that cannot enter the kingdom of God? (**1 Corinthians 6:9-11**) \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, nor \_\_\_\_\_.

If you have been guilty of any of the above, how were you changed?

(**1 Corinthians 6:11**) \_\_\_\_\_  
\_\_\_\_\_

## A CHANGE IN OUR THINKING

1. Our mind should be like that of \_\_\_\_\_. (**Philippians 2:5**)
2. Read **Romans 12:1-2** and fill in the blanks. "Be not \_\_\_\_\_ to this world: but be ye \_\_\_\_\_ by the renewing of your mind..."

- List eight positive things that we should be thinking on. (**Philippians 4:8**)  
 \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,  
 \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_
- What are we to do with evil imaginations, philosophies, and worldly reasonings that are against God's truth and teachings? (**2 Corinthians 10:5**)  
 \_\_\_\_\_

## A CHANGE IN OUR ACTIONS

- Ephesians 5:18** says, "Be not drunk with wine, wherein is excess..." What should we be filled with instead? \_\_\_\_\_
- What can cause you to be deceived and act foolishly? (**Proverbs 20:1**)  
 \_\_\_\_\_
- What does the Bible tell us to flee from? (**1 Corinthians 6:18**)  
 \_\_\_\_\_
- 1 Peter 2:11** says we should abstain from fleshly lusts (an unusually strong desire) because they war against the soul.

Give two examples:

- Ephesians 4:28** tells us that we should work rather than \_\_\_\_\_.
- King David got into deep trouble (adultery and murder) because of lustful eyes. In **Psalms 101:2-8**, what decision did David make concerning his eyes?  
 \_\_\_\_\_
- What corrupts good manners? (**1 Corinthians 15:33**)  
 \_\_\_\_\_
- As Christians, what are we to put away for good? (**Ephesians 4:25**)  
 \_\_\_\_\_

## HOW TO BE HOLY

- Ephesians 4:24** instructs us to "...put on the new man, which after God is created in \_\_\_\_\_ and true \_\_\_\_\_."

2. What can we do to prevent ourselves from sinning? (*Psalm 119:11*).  
\_\_\_\_\_
3. Read **James 1:12-16** and answer the following questions.
  - a. Does God tempt anyone? \_\_\_\_\_
  - b. How is a man brought into temptation? \_\_\_\_\_  
\_\_\_\_\_
4. What can we do to keep from being tempted? (*Mark 14:38*)  
\_\_\_\_\_ and \_\_\_\_\_
5. What two things must we do to keep the devil from tempting us? (*James 4:7*)  
\_\_\_\_\_ and \_\_\_\_\_

## THE BEAUTY OF HOLINESS

It is true that God does not judge by the outside appearance. What this means is that God makes His judgments based on all the facts. Not just the superficial appearance. God does care, however, about your outward appearance as a Christian. In the Old Testament, God's people were given standards to live by that separated them from the rest of the world. The Lord still wants His people to be separate. "*Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you.*" (**2 Corinthians 6:17**)

1. **Matthew 23:26** says to "...cleanse first that which is within the cup and platter, that the \_\_\_\_\_ of them may be clean also."
2. **1 Peter 3:3-4** tells us that it is not the outward adorning that makes a woman beautiful but \_\_\_\_\_. This is in the sight of God of great price.
3. **1 Timothy 2:8-10** identifies a holy woman as one that dresses \_\_\_\_\_.
4. **Proverbs 11:22** compares an immodest or indiscreet woman to a \_\_\_\_\_ in a \_\_\_\_\_.
5. The trend today is "unisex." However, with God, there is and always has been distinction between the sexes. What does He say about a woman wearing apparel that pertains to a man or a man wearing womanly apparel? (**Deuteronomy 22:5**) \_\_\_\_\_
6. What does the scripture say about a man having long hair? (**1 Corinthians 11:14**) \_\_\_\_\_

What does the scripture say about a woman having long hair? (**1 Corinthians 11:15**) \_\_\_\_\_

7. What happens if we defile our body with immorality, drugs or any other type of abuse? (**1 Corinthians 3:17**) \_\_\_\_\_

8. The Lord has given us His Holy Spirit; therefore, our bodies have become temples, and we are required to glorify God in our \_\_\_\_\_  
(**1 Corinthians 6:19-20**)

9. Paul pictured holiness as a sacrificial life. How are we to present our bodies to God? (**Romans 12:1**)  
\_\_\_\_\_

10. **Psalm 93:5** states, "...holiness becometh (adorns or beautifies) thine house..." This means that holiness is beautiful to God.

The following scriptures tell us how we should worship God. Find the scripture and fill in the blanks.

a. **1 Chronicles 16:29**, "...worship the Lord in the \_\_\_\_\_ of holiness."

b. **Psalm 29:2**, "worship the Lord in the \_\_\_\_\_ of holiness."

c. **Psalm 96:9**, "O worship the Lord in the \_\_\_\_\_ of holiness..."

## SUMMARY

When we become Christians, our whole life changes. Many changes occur right away and some occur gradually. As children of God, we should refrain from actions and activities that would pull us back to our old way of living. "*Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.*" (**2 Corinthians 7:1**) This is a continuing process made possible by our yielding to God as He leads us by His Spirit.

## NOTES: QUESTIONS/COMMENTS